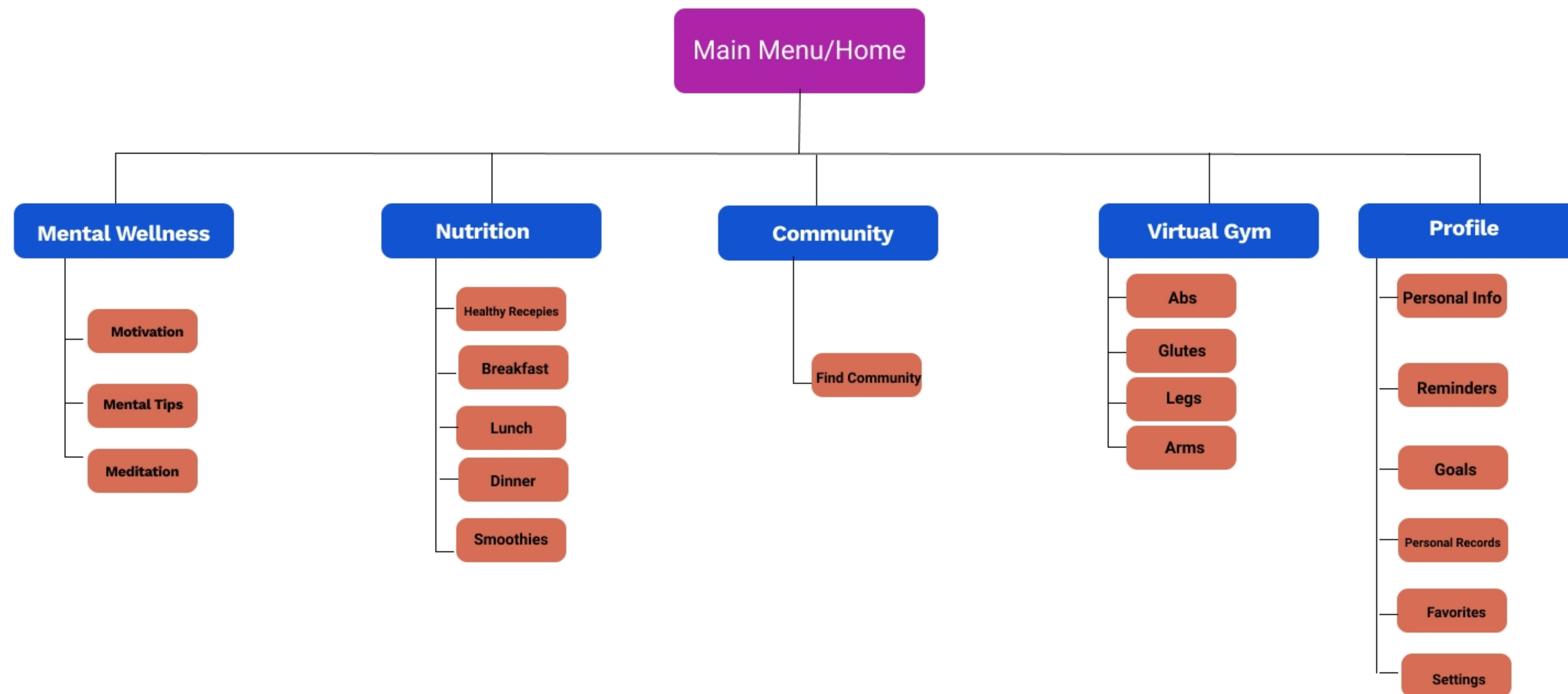# Card sorting & Site Map

In this phase, I put together an the app's architecture for
A smooth navigation process. The consisted of me putting together
An original site map then using the card sort method to further improve on
Structure from user feedback. The goal was to have participants group the app
Categories to help determine app organization

Original Site Map

```
                          ┌──────────────────┐
                          │  Main Menu/Home  │
                          └──────────────────┘
```

Mental Wellness	Nutrition	Community	Virtual Gym	Profile
Motivation	Healthy Recepies	Find Community	Abs	Personal Info
Mental Tips	Breakfast		Glutes	Reminders
Meditation	Lunch		Legs	Goals
	Dinner		Arms	Personal Records
	Smoothies			Favorites
				Settings

Revised Site Map

```
Splash Screen
      |
Log In/sign up
      |
Onboarding Survey
      |
Main Menu/Home
```

Mind
- Mindfulness
- Meditation
- Journaling

Nutrition
- Recepies
- Breakfast
- Lunch
- Dinner
- Smoothies

Community
- Find Community

Workouts
- Abs
- Glutes
- Legs
- Arms

Profile
- Personal Info
- Reminders
- Goals
- My Daily Log
- Meal log in
- Favorites
- Settings